

## Concussion Prevention Resources

### **Bicycle Helmet Safety Institute**

Clearinghouse Web site and technical resource for helmet information

[www.helmets.org](http://www.helmets.org); 703-486-0100

### **Brain Injury Association of America**

General information about head injury prevention, as well as brain injuries in several sports

[www.biausa.org](http://www.biausa.org); 800-444-6443

### **Canada's National Brain and Spinal Cord Injury Prevention Foundation**

Includes awareness and education program focused specifically on concussion; "smart hockey" videotapes designed to prevent concussion are available for purchase

[www.thinkfirst.ca](http://www.thinkfirst.ca); 800-335-6076

### **Centers for Disease Control and Prevention**

Wealth of brain injury information including free concussion fact sheets for athletes through the recently released high school coaches' tool kit

[www.cdc.gov/ncipc/tbi/coaches\\_tool\\_kit.htm](http://www.cdc.gov/ncipc/tbi/coaches_tool_kit.htm)

### **National Safe Kids Campaign**

Dedicated to the prevention of all unintentional childhood injury; available fact sheets are focused on sports and recreational injuries

[www.safekids.org](http://www.safekids.org); 202-662-0600

### **National Youth Sports Safety Foundation**

Educational organization focused on reducing injuries in youth sports; sports- safety fact sheets are available for purchase

[www.nyssf.org](http://www.nyssf.org); 617-277-1171

### **Pashby Sports Safety Fund Concussion Site**

Web site devoted to providing education about concussion specifically, including proper recognition and prevention tips

[www.concussionsafety.com](http://www.concussionsafety.com)